



## SLACKLINE MANUAL

BEFORE USING YOUR SLACKLINE PLEASE TAKE THE TIME TO READ THIS MANUAL AS IT CONTAINS **IMPORTANT SAFETY INFORMATION AND GUIDELINES**. IT IS YOUR RESPONSIBILITY TO UNDERSTAND AND AGREE TO ALL GUIDELINES, WARNINGS, CAUTIONS, INSTRUCTIONS, AND SAFETY RECOMMENDATIONS. PERIODICALLY REVIEW THE INFORMATION IN THIS MANUAL AND **INSPECT YOUR SLACKLINE REGULARLY** FOR SIGNS OF DAMAGE. **DO NOT USE THE SLACKLINE UNLESS YOU ACCEPT ALL RISK OF INJURY AND/OR DEATH THAT MAY RESULT FROM YOUR USE.**

**DISCLAIMER:** Minors should not use the slackline unless they are under continuous competent adult supervision. Make sure that the slackline is only installed in areas where minors cannot access the slackline without such adult supervision. Only adults should use the ratchet or adjust the tension of the slackline.

The slackline was designed solely for an adult to improve his or her balance by slowly walking across the slackline over a flat, even and soft landing area without any obstacles, people, projections, or hazards nearby. The slackline must only be used in the manner described in this Manual. Slacklining can be a dangerous activity. Slackline at your own risk and take the time to learn the proper use of all equipment and accessories. **MISUSE OF THE SLACKLINE COULD CAUSE INJURY, PARALYSIS OR DEATH. DANGER EXISTS EVEN WITH PROPER TRAINING AND USE. NEVER OVER TIGHTEN LINES OR OVER STRESS ANCHORS. OVER TIGHTENING CAN CAUSE SLACKLINE SYSTEM FAILURE. A SLACKLINE SYSTEM IS ONLY AS STRONG AS ITS WEAKEST LINK. THIS SLACKLINE IS NOT TO BE USED FOR HIGHLINING.**

### GENERAL GUIDELINES:

- Make sure that the slackline is fixed only to anchors as described in the Instructions section. Do NOT attach the slackline to any anchor point that is too weak to safely anchor and use the slackline or that is not fixed, such as cars or heavy objects that are not anchored.
- Always use the slackline at locations without any hazards and/or dangers. In order to avoid injuries, make sure that the ground and landing area over which the slackline is suspended is flat, even, soft and free from dangerous objects.
- DO NOT set the slackline at any height above 50 cm (18 inches).
- It is recommended to wear sturdy, tightly laced athletic shoes with flat rubber soles. Avoid shoes with rugged soles or boots.

- The slackline is only to be used by one person at a time. Keep all spectators at least 3m (9 feet) from the slackline.
- DO NOT use the slackline in poor weather or light conditions (i.e. wet, dark or similar conditions).
  - Do NOT exceed 220 lb (100 kg) in weight on the slackline at any time.

**DISCLAIMER**

THIS SLACKLINE IS NOT INTENDED FOR PERFORMING ANY TRICKS, INCLUDING BUT NOT LIMITED TO RUNNING, JUMPING, FLIPPING, ETC. RISK OF INJURY AND/OR DEATH INCREASES SIGNIFICANTLY WHEN TRICKS ARE ATTEMPTED OR PERFORMED. ALWAYS USE COMMON SENSE. **DO NOT ATTEMPT TO PERFORM ANY TRICKS ON THIS SLACKLINE UNLESS YOU ACCEPT ALL RISK OF INJURY AND/OR DEATH.**

THE SLACKLINE MUST BE PROPERLY MAINTAINED AND INSPECTED BEFORE EVERY USE. FAILURE TO INSPECT AND MAINTAIN THE SLACKLINE BEFORE EACH USE MAY RESULT IN INJURY AND/OR DEATH.

THE MANUFACTURER AND RESELLERS OF THIS SLACKLINE EXPLICITLY DISCLAIM ANY AND ALL RESPONSIBILITY AND LIABILITY FOR ANY DEATH, PARALYSIS, INJURY, AND/OR DAMAGE TO ANY PERSON OR PROPERTY THAT MAY OCCUR THAT ARISES OUT OF OR IS IN ANY WAY RELATED TO THE USE OF THIS PRODUCT.

**IMPORTANT:**

WHEN ASSEMBLED, THE SLACKLINE IS UNDER SIGNIFICANT TENSION WHICH MAY EQUAL OR EXCEED 1500 lb (700 kg). DUE TO THE HIGH TENSION OF THE SLACKLINE, GREAT CARE MUST BE EXERCISED WHEN USING THE SLACKLINE TO REDUCE THE RISK OF INJURY AND/OR DEATH. OVERLOADING THE SLACKLINE WITH MORE THAN 220 LB (100 kg) AND/OR MORE THAN ONE PERSON INCREASES THE TENSION AND MAY CAUSE THE SLACKLINE AND/OR RATCHET TO FAIL RESULTING IN INJURY AND/OR DEATH.

Always abide by local laws regarding slacklines to see where and how you may lawfully use the slackline. Slacklining may be restricted on public property in some cities and/or provinces.

Never leave a slackline unattended as that may provoke accidents to third-parties. Always use common sense and use additional objects such as blankets, flags, tape, music or lights to alert any person who may be not aware of the slackline.

Absolute Slacklines will NOT accept any responsibility for such any accidents or damages caused by misuse or failure of the equipment.

**WARRANTY:**

This product is warranted against any material or manufacturing defect for one (1) year from the purchase date as stated on a valid receipt. THIS WARRANTY DOES NOT COVER OR INCLUDE ANY DAMAGE OR DEFECT CAUSED BY: NORMAL WEAR AND TEAR, MODIFICATIONS OR ALTERATIONS, INCORRECT STORAGE, POOR MAINTENANCE, AND/OR DAMAGE DUE TO ACCIDENTS, NEGLIGENCE, OR MISUSE (INCLUDING BUT NOT LIMITED TO ANY USE NOT EXPLICITLY APPROVED IN THIS MANUAL). Be sure to thoroughly dry the slackline before storing.

Other than as described above, THE MANUFACTURER, SELLERS, AND RESELLERS OF THIS PRODUCT MAKE NO OTHER REPRESENTATIONS AND/OR WARRANTIES, EITHER EXPRESS OR IMPLIED, REGARDING THE PRODUCT, INCLUDING WITHOUT LIMITATION, ANY WARRANTIES AS TO MERCHANTABILITY, QUALITY, OR FITNESS FOR A PARTICULAR PURPOSE. THE MANUFACTURER, SELLERS, AND RESELLERS SHALL NOT BE LIABLE IN PAGE 3

ANY WAY WHATSOEVER FOR SPECIAL, INDIRECT, CONSEQUENTIAL, OR INCIDENTAL DAMAGES, WHETHER BASED ON BREACH OF CONTRACT, BREACH OF WARRANTY, TORT (INCLUDING NEGLIGENCE), PRODUCT LIABILITY OR OTHERWISE, EVEN IF THEY HAVE BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. THE SLACKLINE USER AGREES THAT HIS OR HER FULL REMEDY AGAINST THE MANUFACTURER, SELLERS, AND RESELLERS FOR ANY LIABILITY, CLAIMS, OR DAMAGES, SHALL BE LIMITED TO THE PURCHASE PRICE OF THE SLACKLINE, AND IRREVOCABLY WAIVE ALL CLAIMS FOR ANY OTHER DAMAGES THAT SUCH SLACKLINE USER MAY HAVE.

**WARNING:**

THIS SLACKLINE KIT IS A DANGEROUS PIECE OF EQUIPMENT EVEN WHEN USED PROPERLY. PLEASE TAKE THE TIME TO THOROUGHLY READ THIS MANUAL TO REDUCE THE PROBABILITIES OF INJURIES AND/OR DEATH.

**INSTRUCTIONS:**

**Assembling the Slackline**

This kit can be assembled quickly and easily. Please make sure you understand how to operate this product by reading this Manual or visit [www.absolutelacklines.com](http://www.absolutelacklines.com) for video tutorials on how to assemble your slackline. Your slackline kit includes:

**The webbing:**

50mm (2 inch) wide polyester webbing with covered strap



**Figure 1**

**The Ratchet:**

Fixed to a 2m (6 foot) long x 50mm (2 inch) wide webbing with covered strap



**Figure 2**  
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### **Anchoring the Slackline:**

The slackline must only be fixed to trees that have a minimum diameter of 30cm (12 inches). **DO NOT ATTACH THE SLACKLINE TO ANY TREE THAT CANNOT WITHSTAND A MINIMUM FORCE OF 2200 LB (1000kg).** It is strongly recommended to use tree protection pads, a carpet or soft rubber mats in order to avoid any damage due to the slackline.

### **Anchoring the Webbing:**

Locate a suitable and safe location with two trees, with no hazards, obstacles, projections, or other dangers nearby. Wrap the webbing flat around the tree trunk at a height of approximately 50cm (18 inches). Thread the webbing through the strap to form a noose around the tree trunk.



**Figure 3**

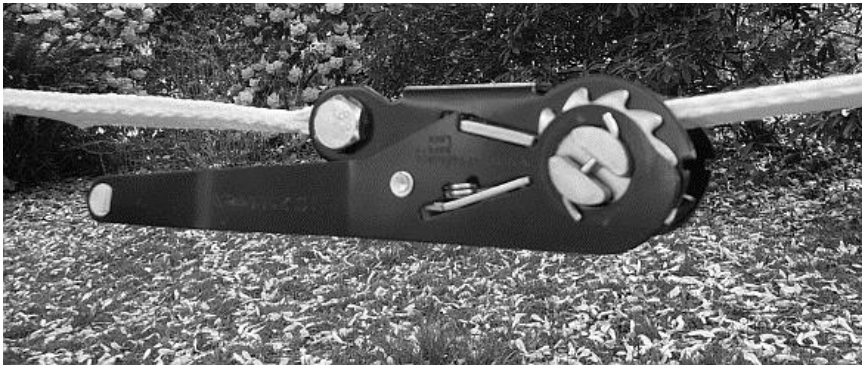
In order to horizontally align the webbing and prevent abrasion, fold the webbing in a U shape at the place where it threads through the loop end of the strap in order to align the webbing.

### **Anchoring the Ratchet:**

As with the webbing, locate a suitable and safe location with two trees as described in subsection 3.1 (Figure 3) above with no hazards, obstacles, projections, or other dangers nearby. Wrap the webbing attached to the ratchet flat around the other tree trunk at a height of approximately 50 cm (18 inches) (Figure 5). Thread the ratchet through the strap to form a noose around the tree trunk.

To reduce the risk of serious injury and/or death, install the ratchet with the lever facing down toward the ground as shown in Figure 4.

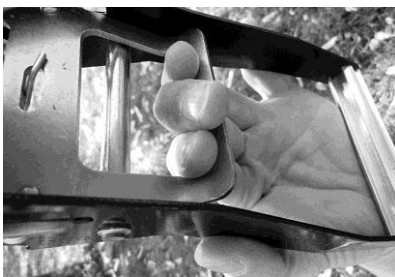
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**Figure 4**

**Connecting the Webbing to the Ratchet:**

Release the ratchet (pull on the small lever inside the ratchet - see Figure 5) and open the main lever (see Figure 5).



**Figure 5**



**Figure 6**

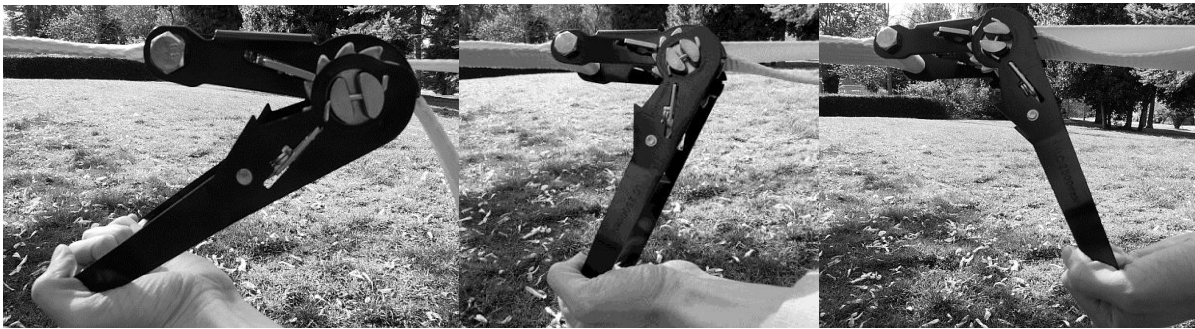
Thread the webbing through the slot in the axle and pull the webbing through the axle until the webbing is taut (i.e., there is no slack in the webbing).



**Figure 7**

Once the webbing is taut through the axle, use one hand to hold both sides of the webbing together. Begin tightening the ratchet.

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**Figures 8,9,10**

**NOTE:** In order to avoid malfunction of the slackline, the webbing **SHOULD NOT** exceed two and a half rotations around the axle of the ratchet. Use only your hands to manipulate the ratchet.

The maximum tension on the lever of the ratchet must **NEVER** exceed 85 lb (38.5kg) to avoid malfunction and/or failure of the system that may result in serious injury and/or death.

As soon as the webbing reaches the desired tension, check the ratchet to ensure that the bolt rests neatly in the cogging and bring the lever back up to a horizontal position parallel to the webbing. **DO NOT USE THE SLACKLINE IF THE RATCHET IS NOT FULLY SECURED AND LOCKED.**



**Figure 11**

Tip: The closed lever is a good indicator that the bolt rests in the cogging and that the ratchet is secured and locked.

You may adjust the tension of the webbing according to your personal preference, so long as the tension does not exceed 85 lb (378N/38.5 kg).

## **Abrasion**

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Protect the webbing from unnecessary abrasion, sharp edges, and any other rough places. Inspect the Slackline before and after each use and if abrasion is discovered, stop using the Slackline.

*Do not twist the webbing as it could cause the ratchet to flip over to the top of the webbing and you can be injured more easily. Twisting also accelerates abrasion of the webbing.*

Tip: Use tree pads to prevent abrasion of your equipment.



**Figure 12**

## **Walking the Slackline**

Please visit [www.absolutelacklines.com](http://www.absolutelacklines.com) for tips on how to improve your slacklining skills.

## **Dismantling the Slackline**



**Figures 13**



**Figure14**

To release the ratchet pull the safety lever to unlatch the ratchet and open the main lever until the safety lever detaches from the cogwheel and the webbing is released.

**IMPORTANT!** The webbing is under tension and injury and/or death may occur if not carefully dismantled.

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Once the webbing is released, detach the webbing from the ratchet, inspect the webbing for abrasions and damage, make sure the webbing is clean and dry, and roll up the webbing and place it in its storage bag.